

INTERNATIONAL CONGRESS

*Best practices in transgender health,
social policies and human rights:
a comparison between Europe and Latin America*



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Short description CV ¹	PhD in Clinical Psychology from the University of California, Santa Barbara. Clinical psychologist and psychotherapist with a specialty in clinical sexology. Associate professor and researcher at the Psychology Department of ISCTE-IUL, and currently the director of the Center for Psychological Research and Social Intervention CIS-IUL. Research focuses mainly on the mental health and well-being of people from stigmatized or vulnerable groups, such as migrants and refugees, and LGBTQI people.	
Title of the contribution ²	From the Gender Identity Law to a Strategy for Health of LGBTI people in Portugal	
Abstract of the contribution	This paper will review the legislative changes in legal recognition of gender identity in Portugal in the last decade. It will discuss the role of research and its application to practices in transgender health in the promotion of public policies anchored in evidence, as a means to advocacy. It will also outline how the Ministry of Health in Portugal, aligned with the Ministry for Citizenship and Equality, developed a Strategy for Health of LGBTI people, with a focus on transgender health and on intersex children and youth. Finally, we will present preliminary data on how trans people perceive their own health and the challenges faced.	
¹ Role and main thematic and / or research interests (max. 50 words)		
² (max. 200 words)		