



# INSTALL NEWSLETTER

**INSTALL**  
Innovative Solutions To Acquire Learning to Learn

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## INSTALL Final Conference in data

The Final Conference of the INSTALL project *Reflectivity in Higher Education: Research and Models of Intervention for Underachieving students* was held on March 20<sup>th</sup> - 21<sup>st</sup> 2014 in Naples, Italy.

More than 60 researchers and professionals in Higher Education from across Europe attended (for example, but not limited to, Belgium, Spain, Romania, Ireland, Poland, Turkey, Italy, Latin America etc.). During the two day event, 27 oral presentations and 12 posters were presented on such topics as: *Key Competences in Higher Education; Fostering the Reflective Competence in Higher Education; Narrative Methods in Higher Education; Reflective Competence in Higher Education.*

The conference was also live streamed at [www.dol.unina.it](http://www.dol.unina.it)

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## Students voice on the INSTALL experience

At the end of the project, the students who benefited from the INSTALL NMP training agreed to share some thoughts on their experience.

*"I consider it more of a journey of self-discovery. Apart from sharing our feelings and experiences, for me especially, the Install experience meant getting to know myself better, and doing it in relation to my colleagues. Also getting to know my colleagues better, as I used to be unable to overcome some boundaries that were self-imposed: we are not alike, we have different tastes, I might not like them, and why should I get to know them? Now I have overcome those boundaries." (CM, 36)*

*"You know, as you do something and repeat it you start being at ease with doing it. That's what happened to me: we've been working on some examples during the meetings and I've ended up doing those things in other settings. In fact, during the Install meetings I have taken notes of the things that other people were saying, including the trainer, things that I found to be relevant, interesting and I used this information along the way. I need this kind of routine and further this is also related to planning, to the fact that I've discovered that I can do things as long as I want to. I've finally understood that it's up to me and that I can overcome my frustrations." (AM, 21)*

### Content Title

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Students voice on INSTALL experience

Workshop for potential trainers

What next? Outlook



## Workshop for potential trainers on NMP held by the Romanian team

As part of the exploitation activities, the Romanian team designed and held a 4 hour workshop on the implementation of the NMP for practitioners within the field of clinical psychology, psychotherapy, organizational psychology and coaching, working in secondary or high-school education, academia, private practice, vocational services or human resources consulting companies. Due to its multidisciplinary approach and the gradually intrusive nature, the NMP can be further tailored to achieve objectives related to diverse contexts such as education, personal development, life coaching, business coaching etc.

The proposed workshop was designed to enable a better understanding of the mentalization process and its steps, to present the NMP method developed by the Naples team and to discuss possible utilizations of it in other areas/contexts (education, life, business).

## What next? Outlook

### Proceedings of the INSTALL Final Conference and Project volume

The concrete aim of the INSTALL project was to develop, test, fine-tune and validate the innovative methodology of Narrative Mediation Path, in order to integrate it into the current services offered by universities to their students, contributing thus to the development of a more flexible and inclusive university cycle.

Therefore, the most relevant contributions on the topic presented during the final conference will be included in the Conference proceedings that will be published by ARACNE.

Similarly, the consortium will elaborate a joint volume which will comprise specific information on the NMP method within the context of nontraditional students, as well as interdependences with other concepts and further possible developments. Each partner will coordinate at least one chapter, while collaborating in developing the other chapters. The final work will be published at a renowned international publisher.

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[www.installproject.eu](http://www.installproject.eu)  
[install.sinapsi@unina.it](mailto:install.sinapsi@unina.it)



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