

Innovative Solutions To Acquire Learning to Learn

"Was your 1st year more difficult than you expected it to be?"

The ability to learn while in your course at university is a skill in itself. Sign up to the INSTALL programme and learn 'how to learn'.

The INSTALL '<u>Learn</u> to Learn' programme will introduce you to a new way of approaching your academic study.

It will run for 6 weeks during the 1st term and will not clash with your regular class timetable. As part of this programme you will attend one workshop a week for 6 weeks and receive training in the 'Narrative Mediation Paths' technique. With effort on your part this aims to equip you to be able to learn more effectively while at university.

If you meet the following criteria, you may find the programme very useful:

- 1) Full time undergraduate;
- 2) Finishing first year of study and progressing into second year.

You must also satisfy at least one of the following criteria in each categories <u>A</u> and :

A) Academic criteria:

- 1) Pass at least one module by compensation;
- 2) Fail at least one exam in January or May, repeat it in August and pass
- 3) Self Selecting students who have marks lower than 60% are also welcome
- B) Social/economic criteria:
- 1) Parents have not been to university
- 2) In receipt of Local Authority grant;3) On Access/HEAH/DARE programme;
- 4) Work more than 15 hours per week











Ask in the Academic Advisory Office for further information or for an application form email: <u>installproject@nuim.ie</u>



This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.